

## The Small Jewish Communities Project

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## Judaism 101: Community or Interfaith Adult Education in 5 Sessions<sup>1</sup>

## Program Goals:

- 1. Increase knowledge and understanding of Judaism among Jewish adults in our community.
- 2. Increase knowledge and understanding of Judaism within the wider community.
- 3. Encourage open dialog between Christian and Jewish members of our community.
- 4. Increase non-Jewish participation in Jewish community programming.
- 5. Build stronger relationships between Jews and non-Jews in the wider community.

| Session/Teacher | Title/Description   |
|-----------------|---|
| 1               | The Basics: Who/What is a Jew and What Jews Believe                             |
| Teacher א       | Differences between Judaism and Christianity                                    |
|                 | 2. Is Judaism an ethnicity or a religion? Can someone be both secular           |
|                 | and Jewish?   |
| 2               | A VERY Quick History  |
| Teacher ユ       | <ol> <li>Quick History of Israelites and Jews – the Bible and Beyond</li> </ol> |
|                 | 2. Biblical Judaism / Temple Judaism / Rabbinic Judaism                         |
|                 | 3. Jewish denominations and how they differ                                     |
| 3               | Holidays  |
| ג Teacher       | 1. Shabbat  |
|                 | 2. Fall holidays: Rosh Hashanah, Yom Kippur, Sukkot, and Simchat Torah          |
|                 | 3. Hanukkah & Purim   |
|                 | 4. Spring holidays: Passover, Lag B'Omer, and Shavuot                           |
|                 | 5. Yom HaShoah and Tisha B'Av   |
|                 |   |
| 4               | Life Cycle Events and Traditions  |
| Teacher T       | 1. Birth  |
|                 | 2. Bnei Mitzvah   |
|                 | 3. Marriage & Family  |
|                 | 4. Death  |
| 5               | Israel: History and Politics of the Land  |
| ה Teacher       | 1. Biblical Israel vs. Modern Israel  |
|                 | 2. What is a Jewish state and what are the politics?                            |
|                 | 3. What does Israel mean to Jews?   |

<sup>&</sup>lt;sup>1</sup> Adapted from "Judaism 101 at the JCC" by Barry Abels, Executive Director of the Katie & Irwin Kahn JCC in Columbia, SC